

<b>Monday Olympic</b>	<b>Tuesday Olympic</b>	<b>Wednesday Olympic</b>	<b>Thursday Olympic</b>	<b>Friday Olympic</b>	<b>Saturday Olympic</b>	<b>Sunday Olympic</b>
6:30-7:15am Open/Pairs	6:30-7:15am Open/Pairs	6:30-7:15am Open/Pairs	6:30-7:15am Open/Pairs	6:30-7:15am Open/Pairs	7:00-7:45am Open	7:00-7:45am Open
7:15-8:00am Open/Pairs	7:15-8:00am Open/Pairs	7:15-8:00am Open/Pairs	7:15-8:00am Open/Pairs	7:15-8:00am Open/Pairs	7:45-8:30am Open	7:45-8:30am Open
11:35-12:20pm Open	11:35-12:20pm Open	11:35-12:20pm Open	11:35-12:20pm Open	8:15-12:20pm Open Sessions	8:40-9:25am Open	8:40-9:25am Open
12:30-1:15pm High Performance	12:30-1:15pm High Performance	12:30-1:15pm High Performance	12:30-1:15pm High Performance	12:30-1:15pm High Performance	9:40-10:25am Open	9:25-10:10am Open
1:15-2:00pm High Performance	1:15-2:00pm High Performance	1:15-2:00pm High Performance	1:15-2:00pm High Performance	1:15-2:00pm High Performance	10:35-11:20am Pre-Novice Up	10:20-11:05am Open
2:10-2:55pm High Performance	2:10-2:55pm High Performance	2:10-2:55pm High Performance	2:10-2:55pm High Performance	2:15-3:15pm Simulation	11:20-12:05pm Pre-Novice Up	11:05-11:50am Open
2:55-3:40pm High Performance	2:55-3:40pm High Performance	2:55-3:40pm High Performance	2:55-3:40pm High Performance	3:30-4:15pm High Performance	12:15-1:00pm Open	12:05-12:50pm CanSkate
3:50-4:35pm Pre-Novice Up	3:50-4:35pm Pre-Novice Up	3:50-4:35pm Pre-Novice Up	3:50-4:35pm Pre-Novice Up	4:15-5:00pm Open		
4:35-5:20pm Juvenile and Under	4:45-5:30pm Open	4:35-5:20pm Juvenile and Under	4:45-5:30pm Open	5:15-6:00pm Open		
5:30-6:15pm Open	5:30-6:15pm Open	5:30-6:15pm Open	5:30-6:15pm Open	6:00-6:45pm CanSkate		
6:15-7:00pm Open		6:15-7:00pm CanSkate				
<b>Off Ice</b>	<b>Off Ice</b>	<b>Off Ice</b>	<b>Off Ice</b>	<b>Off Ice</b>	<b>Off Ice</b>	<b>Off Ice</b>
2:15-2:45pm HP Jump	2:20-2:50pm HP Dance	2:15-2:45pm HP Jump	2:15-2:45pm HP Dance	2:15-2:45pm HP Jump	8:00-8:30am Star 1-4 Jump	
3:10-3:40pm HP Jump	3:15-3:45pm HP Dance	3:10-3:40pm HP Jump	3:05-3:35pm HP Dance	6:10-6:40pm Open Jump	9:00-9:30am Star 5 - Juv Jump	
5:00-6:00pm HP Fitness	6:30-7:00pm Open Dance	5:00-6:00pm HP Fitness	6:30-7:00pm Open Dance		9:55-10:25am Pre-Nov Up Jump	
7:10-7:40pm Open Jump		6:30-7:00pm Open Jump				

**Legend**  
**High Performance:** Athletes attending high performance schools or approved by the office  
**Open:** All skaters Stage 2 and higher. Must have figure skates

**FALL/WINTER SCHEDULE 21-22**