



Canadian  
Ice Academy  
3111 Universal Drive  
Mississauga, ON L4X 2E2



# Canadian Ice Academy

Elite Training Centre

## FIGURE SKATING PROGRAMS

Competitive, StarSkate, Learn to Skate, Adults

**FALL, WINTER, & SPRING PROGRAMS FOR 2011/2012**



**SKATECANADA**  
**Centre of Excellence**

3111 Universal Drive  
Mississauga, Ontario  
Canada  
L4X 2E2

Tel: 905-625-7528  
Fax: 905-625-8853

Email: [office@canadianiceacademy.com](mailto:office@canadianiceacademy.com)

# Canadian Ice Academy

## Fall/Winter/Spring Application

Name:	Date of Birth: M:	D:	Y:	Age:
Parent or Guardian:				
Address:				
City:	Prov./State:	Postal/Zip:		
Phone#: Home:	Bus:	Cell:		
Email:				
Skate Canada #:				
Home Club:		Club#:		
Highest Test Passed:				
Coach Name:		Coach Phone#:		
Coach Email:				

**CIRCLE, HIGHLIGHT & FILL OUT ALL INFORMATION**

High Performer Program:	AM	or	PM			
Level:	A	B	C	D	E	F
Membership Package:	1	2	3	4	5	6
Spring Memberships:	2 skates per week		or	4 skates per week		
Designated Free Skate Days & Times:						
1.			2.			
3.			4.			
5.			6.			
7.			8.			
Designate Ballet Days & Times:	1.			2.		
Designate Fitness Days & Times:	1.			2.		
Designate Jump Class Days & Times:	1.			2.		

**FILL IN APPLICABLE FEES**

Administration Fee: (After August 26, 2011)	\$	
Membership Package:	\$	
Additional Ballet, Fitness or Jump Class:	\$	
Spring Membership:	\$	
Sub Total	\$	
H.S.T. 13%	\$	
Skate Canada Registration	\$	
TOTAL	\$	
Minus Deposit	\$	
Balance Owing	\$	

A \$300.00 minimum deposit is required at the time of registration. Payment plans are available. Visa, Master Card, Debit Cards, Amex, cash and cheques are accepted. The Applicant and parent/guardian agree that the Canadian Ice Academy and its proprietors will not be responsible for any accident or loss or injury, however caused, and to release the proprietors and employees from all claims or damages which may arise as a result of such accident, loss or injury. In case of emergency, I hereby give permission to seek out medical treatment my child or I may require. I also agree to the terms of this application and payments. The Canadian Ice Academy holds a no refund policy.

**Signature (Parent or Guardian if applicant under 19)**

# Canadian Ice Academy

## Junior CanSkate, CanSkate & Advanced CanSkate Fall/Winter/Spring Application

Name:			
Date of Birth: M:	D:	Y:	Age:
Parent or Guardian:			
Address:			
City:	Prov./State:	Postal/Zip:	
Phone#: Home:	Bus:	Cell:	
Email:			
Skate Canada #:			
Home Club:		Club#:	
Highest Level/Test Passed:			

**CIRCLE OR HIGHLIGHT SELECTION(S):**

	Tuesday	Friday	Saturday	Sunday
<b>Jr CanSkate</b>	5:15 pm 5:45 pm	6:00 pm 6:30 pm	12:00 pm 12:30 pm	12:00 pm 12:30 pm
<b>CanSkate</b>	5:15 pm	6:00 pm	12:00 pm	12:00 pm
<b>Advanced CanSkate</b>	5:15 pm	6:00 pm	12:00 pm	12:00 pm

**FILL IN APPLICABLE FEES**

Winter 1	13 weeks	September 20, 2011 – December 18, 2011	\$
Winter 2	13 weeks	January 2, 2012 – April 8, 2012	\$
Winter 1 & 2	26 weeks	September 20, 2011 – April 8, 2012	\$
Spring	8 weeks	April 10, 2012 – June 3, 2012	\$
<b>Sub Total</b>			<b>\$</b>
(two or more days) Discount 5%			\$
H.S.T. 13%			\$
Skate Canada Registration			\$
<b>TOTAL</b>			<b>\$</b>

Visa, Master Card, Debit Cards, Amex, cash and cheques are accepted.

The Applicant and parent/guardian agree that the Canadian Ice Academy and its proprietors will not be responsible for any accident or loss or injury, however caused, and to release the proprietors and employees from all claims or damages which may arise as a result of such accident, loss or injury. In case of emergency, I hereby give permission to seek out medical treatment my child or I may require. I also agree to the terms of this application and payments. The Canadian Ice Academy holds a no refund policy

**Signature (Parent or Guardian)**

## Coaches List

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Arakelyan, Tigran	416-894-0150
Budraitiene, Rasa	905-997-5698
Cruickshank, Kathy	416-413-9544
De Sario, Lina	647-883-9406
Gibb, Tiffany	416-909-9739
Hume, Elaine	416-409-1722
Ireland, Donna	905-582-7675
Lachter, Galina	905-417-3888
Matheson, Laura	416-844-8512
McLeod-Devereux, Pat	905-815-9795
Oleksyszak, Adrian	416-898-7750
O'Toole, Robert (Director)	416-922-7659
Pados, Cecilia	416-377-9311
Pados-Dewald, Niki	416-459-4196
Pilon, Leanne	905-602-6307
Preston, Karen	905-858-2283
Ritter, Jay	905-844-5379
Rutledge, Danielle	905-842-0582
Sung, Judy	416-219-2260
Taylor-Vaisey, Lauren	416-434-7503
Williams-Hill, Judy	905-693-6423
Wyant, Jenny	416-500-4550
Wyant, Jessica	416-988-3911

All coaches must have a current, valid and up to date certification with the Coaches Association of Canada; are required to be registered with Skate Canada; hold a valid First Aid Certificate and must strictly adhere to the Coaches Code of Ethics as outlined by Skate Canada.

## Canadian Ice Academy

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The Canadian Ice Academy offers a complete professional experience for all levels of skaters year round. Features of the facility include an Olympic size ice surface, studio rink, fitness centre, ballet studio and a harness system. Come and experience first class service, quality, positive coaching and a state of the art facility.

We are committed to the highest standards of our sport. We hope you will join us in developing and training your children at our centre of excellence, so that every skater can strive to achieve their goals and be the best they can be!

## Social Events and Birthday Parties

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The Studio Arena, lounge and space are available to rent for events, special occasions or birthday parties. Please inquire about our packages.

## Policies and Information

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The Canadian Ice Academy is a privately owned facility. All users and visitors must have purchased a current and active membership and/or ticket and are expected to adhere to the code of conduct, which is posted within the facility.

**All package holders and ticket skaters must 'sign in' at the office prior to stepping on the ice. Failing to do so will result in temporary and/or permanent suspension from the facility and all applicable programs without reimbursement or compensation.**

The Canadian Ice Academy reserves the right to change, cancel and/or reschedule any and all on ice, ballet and/or fitness sessions based on enrollment, qualifications, test days, seminars, special events, etc.

All skaters and coaches must be members in good standing within the association of Skate Canada or their respective associations.

The Skate Canada registration fee will be \$32.70 including insurance and taxes.

All skating athletes must pay their Skate Canada registration fees prior to starting their programs.

Ticket Ice will only be available if space permits and if the skater qualifies for the desired session.

Monthly, quarterly and/or scheduled payments are available.

**Final payments for all Packages including the High Performer Program must be paid in full by March 2nd, 2012.**

Cheques, post dated cheques as well as pre-authorized credit card payments, Visa, Master Card, Debit cards, AMEX and cash are accepted.

A 13% H.S.T. must be added to all packages.

A \$35.00 administration fee will be charged for any program alterations after the start of the programs, AS WELL AS on all returned or N.S.F. cheques.

**The Canadian Ice Academy holds a NO REFUND policy.**

Dance and Skating Skills will be permitted on designated sessions only. Special requests will be decided at the discretion of the Director.

The Canadian Ice Academy is not responsible for any individual while in the building, on the property, or using any equipment in the facility, for lost items, accidents or injuries. This is assumed by all entering the premises, purchasing ticket ice and/or signing the release on the application forms.

**You can register at any time by telephone, fax or in person. Official registration weeks will be Monday August 15th – Friday August 26th, 2011 between the hours of 9:00 am to 8:00 pm.**

**After August 26th there will be a mandatory administration fee of \$35.00 to process further membership registrations.** (excludes Junior CanSkate, CanSkate & Advanced CanSkate)

## Test Days (tentative)

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All Competitive Tests are centralized & TBA / September 28, 2011 (Qualifier) / November 16, 2011 / January 18, 2012 / March 7, 2012 / May 2, 2012 / June 8, 2012.

## Cancellation Dates

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Closed December 25, 2011 / Additional ice cancellations may occur. Please check the bulletin board for advanced notice.

## Ice Schedules

### Olympic Arena

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 Open	6:45-7:45 Open	7:00 Open	6:45-7:45 Open	7:00 Open	7:00 ABCDEF	7:00 ABCDEF
8:30 Open	8:30 Open/HP Studio Rink	8:30 Open	8:30 Open/HP Studio Rink	8:30 Open	8:15 ABC	8:15 DEF
9:45 Open/HP	9:45 HP Studio Rink	9:45 Open/HP	9:45 HP Studio Rink	9:45 Open/HP	9:30 Open	9:30 ABC
11:00 ABC/HP	11:00 Open	11:00 ABC/HP	11:00 Open	11:00 ABC/HP	10:45 DEF	10:45 Open
12:15 Open	12:15 Open	12:15 ADULTS	12:15 Open	12:15 Open	12:00 & 12:30 JrCS	12:00 & 12:30 JrCS
1:30 ABC/HP	1:30 ABC/HP	1:30 ABC/HP	1:30 ABC/HP	1:30 ABC/HP	12:00 CS/AdvCS 12:45 -1:00 FreeTime	12:00 CS/AdvCS 12:45 -1:00 FreeTime
2:40 ABC/HP	2:45 ABC/HP	2:40 ABC/HP	2:45 ABC/HP	2:40 ABC/HP		
3:50 ABCD	4:00 ABCDEF	3:50 ABCD	4:00 ABCDEF	3:50 ABCD		
5:00 ABCDE	5:15 & 5:45 JrCS 5:15 CS,AdvCS 6:00-6:15 FreeTime	5:00 ABCDE	5:15 DEF	5:00 ABCDEF		
6:00 DEF		6:00 DEF		6:00 & 6:30 JrCS 6:00 CS,AdvCS 6:45-7:00 FreeTime		

### Legend, Levels and Test Requirements (must have passed to qualify)

- A - Senior, Junior & Novice Competitive Tests
- B - Pre-Novice Competitive Test & Gold Free Skate
- C - Juvenile Competitive Test & Senior Bronze Free Skate
- D - Pre Juvenile & Junior Bronze Free Skate
- E - Preliminary Free Skate
- F - CanSkate Level 4/5/6
- HP - High Performer
- Open - A/B/C/D/E
- AdvCS - Advanced CanSkate
- CanSkate - Skate Canada learn to skate program (Ages 5 years & up)
- Jr CanSkate - Just learning to skate (Ages 3 & 4 years)

## Spring Memberships

All athletes must skate only on the sessions for which they qualify and only if space permits. All athletes must designate their choices of free skate sessions. Spring memberships are subject to 13% H.S.T. Ballet and fitness classes may be purchased separately and must be designated.

Memberships	Weeks	Dates	2 skates / week	4 skates / week
Spring	9	April 9 – June 10, 2012	\$212.00	\$423.00

## Ticket Prices

Tickets can be used on all qualified sessions and if space permits. Tickets are valid for 1 year from the date of purchase. Please note that ticket ice will not be available on sessions with 25 or more athletes who have purchased a membership. Please call ahead to confirm availability. All ticket purchases include the 13% H.S.T.

Single Ticket	\$16.50
Book of 10 Tickets	\$150.00
Book of 20 Tickets	\$280.00

## Location

The Canadian Ice Academy (CIA) is located south of the 401; north of the QEW; just 3 lights west of the 427; take Dundas Street west; north off Dundas Street to 3111 Universal Drive.

## Child Fitness Tax Credit

The Government of Canada, starting in 2007, has established a non-refundable tax credit on eligible amounts of up to \$500.00 paid by parents to register a child in an eligible program of physical activity.

For more information visit these Government of Canada web sites:

[www.cra-arc.gc.ca/whatsnew/fitness-e.html](http://www.cra-arc.gc.ca/whatsnew/fitness-e.html)

[www.fin.gc.ca/news06/06-084e.html](http://www.fin.gc.ca/news06/06-084e.html)

## Skate Sharpening

Tigran Arakelyan 416-894-0150

## Your Skating Store in Mississauga

Precision skate sharpening, new and used skates  
ZUCA Bags, dresses, skirts, tights, accessories...

**NEW Address** (in the same Dundas & Universal Plaza)  
2077 Dundas Street East, Unit 102, Mississauga, ON L4X 1M2

Tel. (905) 282-1362 • Toll Free: 1-877-808-3782

Email: [esta@bellnet.ca](mailto:esta@bellnet.ca) • [www.estacanada.ca](http://www.estacanada.ca)

## Programs, Memberships and Fees

### High Performer Program September 5, 2011 – June 8, 2012

The High Performer Program is designed for athletes who are in an Academic/Athletic cooperative program or home schooled. We are affiliated with **Hollycrest Middle School** (grades 5 through 8) and **Silverthorn Collegiate Institute High School**.

These athletes must purchase a full 5 day training membership, which includes 2 hours of designated on ice training per day, Monday to Friday (a.m. or p.m.), 3 ballet classes per week, 2 fitness classes and 2 off ice jump classes per week in order to maintain their status in the affiliated academic program. These membership packages & sessions are non transferable and are designated for the season.

There must be a minimum number of enrollments in order for the program to proceed.

**Hollycrest Middle School** – Accepting High Performer athletes from grades 5 – 8.  
 630 Renforth Drive, Etobicoke ON M9C 2N6 416-394-7050 Attn: Kim Campbell  
<http://schools.tdsb.on.ca/hollycrest>

**Silverthorn Collegiate Institute** – Accepting High Performer athletes from grades 9 – 12.  
 291 Mill Road, Etobicoke ON M9C 1Y5 416-394-7010 Attn: Mr. Arduini  
<http://schools.tdsb.on.ca/silverthornci>

High Performer Schedule AM	Mon/Wed/Fri	Tues/Thurs
	8:45 Ballet	7:45 Jump Class
	9:45 On Ice	8:30 On Ice (Studio)
	11:00 On Ice	9:45 On Ice (Studio)
		11:00 Fitness
High Performer Schedule PM	Mon/Wed/Fri	Tues/Thurs
	12:35 Ballet	12:45 Jump Class
	1:30 On Ice	1:30 On Ice
	2:40 On Ice	2:45 On Ice
		4:00 Fitness

\*Please note: Schedules & classes may alter depending on enrollment.

	On Ice Training	Ballet/week	Fitness/week	Price
High Performer AM or PM	10 skates per week	3	2 + 2 jump classes	\$4,240.00

### Membership Packages September 5, 2011 – June 10, 2012

#### Sessions 6:45 a.m. to 7:00 p.m. & Weekends

These packages are available to all ABCDEF level athletes who wish to skate on any qualified session, Monday through Sunday. **All ballet and fitness classes must be selected and designated.** They are set, non negotiable and cannot be exchanged for alternate ice times or classes. All athletes must skate on only the sessions for which they qualify. Additional fitness and/or ballet classes can be organized, added and purchased separately. Off Ice Jump classes must be purchased separately.

Please review the master schedules to organize, design and designate all of your free skate sessions as well as your ballet, fitness and jump classes.

## Membership Packages and Fees

	On Ice Training	Ballet/week	Fitness/week	Price
Membership 1	8 skates per week	2	1	\$3,385.00
Membership 2	6 skates per week	2	1	\$2,926.00
Membership 3	4 skates per week	1	0	\$1,821.00
Membership 4	3 skates per week	1	0	\$1,592.00
Membership 5	2 skates per week	1	0	\$1,229.00
Membership 6	1 skate per week	1	0	\$821.00
Membership 7	1 skate per week	0	0	\$455.00
<b>Additional Ballet &amp; Fitness or Jump Class per membership package</b>				<b>\$398.00</b>

All Membership Packages are valid from September 5, 2011 to June 10, 2012. (40 weeks in total)

All Membership Package Athletes must designate their ballet, fitness and jump classes.

All ballet, fitness and jump classes will commence the week of September 19, 2011.

All ballet, fitness and jump classes are cancelled December 19, 2011 – January 1, 2012; March 12 – 18, 2012.

(35 weeks in total)

**All package holders and ticket skaters without exception must 'sign in' at the office prior to stepping on the ice.**

## Junior CanSkate, CanSkate & Advanced CanSkate

### Ice Schedule: Olympic Arena

Time	Tuesday	Time	Friday	Time	Saturday & Sunday
5:15	Jr CanSkate	6:00	Jr CanSkate	12:00	Jr CanSkate
5:45	Jr CanSkate	6:30	Jr CanSkate	12:30	Jr CanSkate
5:15	CanSkate	6:00	CanSkate	12:00	CanSkate
	Levels 1 – 6, Adv CanSkate		Levels 1 – 6, Adv CanSkate		Levels 1 – 6, Adv CanSkate
	6:00 – 6:15 FreeTime/Private Lessons		6:45 – 7:00 FreeTime/Private Lessons		12:45 – 1:00 FreeTime/Private Lessons

All Junior CanSkate, CanSkate & Advanced CanSkate memberships are subject to 13% H.S.T. and a 'Skate Canada' registration fee.

Choose 2 or more days per segment in the Junior CanSkate, CanSkate & Advanced CanSkate programs and receive a 5% discount on total fee before HST.

**Cancellation Dates:** NO CLASSES during March Break; March 12 – 18, 2012.

**Please note:** Classes will run as scheduled Thanksgiving, Easter and Victoria Day Weekend.

## Junior CanSkate

This 'Skate Canada' program is designed for the very beginner skater. This is a learn to skate program for children at the ages of 3 & 4 years with little or no skating background. They will receive one half hour of instruction with a certified coach. All sessions will be on the Olympic Ice surface.

Tuesday	Friday	Saturday	Sunday
5:15 pm	6:00 pm	12:00 pm	12:00 pm
5:45 pm	6:30 pm	12:30 pm	12:30 pm

### Junior CanSkate Memberships & Fees

Winter 1	13 weeks	September 20 – December 18, 2011	\$160.00
Winter 2	13 weeks	January 3 – April 8, 2012	\$160.00
Winter 1&2 combined	26 weeks	September 20, 2011 – April 8, 2012	\$304.00
Spring Jr CanSkate	8 weeks	April 10 – June 3, 2012	\$ 98.00

## CanSkate

This 'Skate Canada' learn to skate program teaches the basic skills of skating; forward, backward, stopping, spinning, turning and jumping thus creating the foundation for more advanced skating skills and development. As your child progresses, badges are awarded at the completion of 6 testing levels. This program is for children at the ages 5 years & up with little or some skating experience or who have been in the program previously. They will receive a 60 minute session, 10 minute warm-up, 30 minutes of instruction from a certified coach and a 5 minute cool down period. FreeTime/Private Lessons will be the last 15 minutes of every session. All session will be on the Olympic Ice surface.

Tuesday	Friday	Saturday	Sunday
5:15 pm Levels 1-6	6:00 pm Levels 1-6	12:00 am Levels 1-6	12:00 am Levels 1-6

## Advanced CanSkate (Canadian Ice Academy Program)

A Development Program introducing basic figure skating skills including stroking, turning, spinning & jumping. This Development Program will introduce the athlete to higher skill levels enabling them to test and compete in the Skate Canada STARSkate or the Competitive stream of Skate Canada. Entrance into the program is by a letter of invitation, audition and/or at the discretion of the Director. Lessons are given in a group format. It is encouraged that you start semi private or private lessons which can be arranged by the director or coordinator. This is a fast track program for children who have been identified as having an aptitude for skating from our CanSkate program. Coaches will make recommendations for the approval of the Coordinator and the Director of Skating in order to be selected for this program. Choose 1, 2, 3 or all 4 days. FreeTime/Private Lessons will be the last 15 minutes of every session. All sessions will be on the Olympic Ice surface.

Tuesday	Friday	Saturday	Sunday
5:15 pm	6:00 pm	12:00 pm	12:00 pm

### CanSkate & Advanced CanSkate Memberships & Fees

Winter 1	13 weeks	September 20 – December 18, 2011	\$209.00
Winter 2	13 weeks	January 3 – April 8, 2012	\$209.00
Winter 1&2 Combined	26 weeks	September 20, 2011 – April 8, 2012	\$397.00
Spring CanSkate/AdvCS	8 weeks	April 10 – June 3, 2012	\$129.00

## Ballet, Fitness and Jump Classes

All applicants must **designate** their selected ballet, fitness and jump classes at the time of registration. Individual programs and training sessions, private or semi-private lessons are also available. Please speak directly with the instructors to arrange this.

Select your ballet, fitness and jump classes from the schedule and fill in the times you are requesting on the application form.

**There must be a minimum of 8 athletes pre-registered in order for the ballet, fitness or jump classes to proceed.**

**All ballet, fitness and jump classes will commence September 19, 2011.**

**All ballet, fitness and jump classes are cancelled: December 19, 2011 – January 1, 2012 & March 12 – 18, 2012.**

## Ballet

Vladimir Iablokov and Larissa Kouznetsova are our ballet teachers from St. Petersburg Russia. They have years of experience working with figure skaters improving their movement and their artistic needs. This has proven to be a tremendous asset to our athletes. They will work to enhance the skaters' body awareness and movement, line control, music awareness and performance level.

## Off Ice Jump Classes

Jump classes will run in conjunction with the High Performer Program or may be purchased separately. This is a mandatory part of the HP program with no substitutes or deletions. The athletes' coach is encouraged to attend.

The 5:15pm Tuesday & Thursday classes are open to ABCDEF Athletes.

### Ballet Times & Off Ice Jump Classes

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
7:45		Jump Class		Jump Class			
8:45	ABC/HP		ABC/HP		ABC/HP	10:45	ABC
12:35	ABC/HP	12:45 Jump Class	ABC/HP	12:45 Jump Class	ABC/HP	12:00	DEF
5:00	DEF	5:15 Jump Class	DEF	5:15 Jump Class	ABCD		
6:15	ABCDE		ABCDE		ABCDE		

## Fitness

Our state of the art fitness centre is dedicated to advancing the skaters' health, fitness and motivation level through sport specific conditioning and fitness training, thus reducing the risk of injury and improving consistent performance levels. Chris McNamara is our highly qualified instructor with a degree in Human Kinetics, a certified kinesiologist and a certified personal trainer. Parents can work out while their children are on the ice! Monthly memberships and private sessions are available. Please contact our Fitness Director at: 905-625-7528 or email: [chris@canadianiceacademy.com](mailto:chris@canadianiceacademy.com).

### Fitness Times

Time	Monday	Tuesday	Wednesday	Thursday
11:00		ABC/HP		ABC/HP
4:00	ABCDE	ABC/HP	ABCDE	ABC/HP
5:00	DEF	5:15 ABCD	DEF	5:15 ABCD