

Canadian Ice Academy

Our Elite Training Centre offers a complete professional experience for all levels of skaters year round. Features of the facility include an Olympic size ice surface, studio arena, fitness centre, ballet studio, and a harness system. Come and experience first class service, quality, positive coaching and a state of the art facility.

We are proud to be designated as a Skate Canada 'Centre of Excellence'.

We are committed to the highest standards of our sport. We hope you will join us in developing and training your children at our Elite Training Centre so that every skater can strive to achieve their goals and be the best they can be!

Location

The Canadian Ice Academy (The C.I.A.) is located at 3111 Universal Drive in Mississauga; south of the 401; north of the QEW; just west of the 427; take Dundas Street west; north off Dundas Street to 3111 Universal Drive.

Policies & Information

The Canadian Ice Academy is a privately owned facility. All users and visitors must have purchased a current and active package and/or ticket and are expected to adhere to the code of conduct within the facility.

The Canadian Ice Academy reserves the right to change, cancel and/or reschedule any and all on ice, ballet and/or off ice sessions based on enrollment, qualifications, test days, seminars, special events, etc.

All skaters and coaches must be members in good standing within the association of Skate Canada or their respective associations.

All packages are sold as is, by the week and with no alterations or substitutions.

There is a minimum 2 week purchase for ALL packages including CanSkate & Advanced CanSkate.

Policies & Information

All packages include one spin/stroking/turn session, 2 free skating sessions, one off ice dance class per day and 2 fitness classes per week. The pre-preliminary and preliminary skaters have two other package options which include one free skating session and one off ice dance class per day for the week. Or, they have the option to purchase this for a 3 day a week package.

Please note: The Canadian Ice Academy has a no refund policy.

Registration priority will be given to Canadian Ice Academy Winter package purchasers on & before **Friday April 10, 2009**; all 7 week registrations; then first come first served following **April 10th**.

Priority for sessions 5 & 6 will go to 7 week registrations who skate 2 sessions per day, then to those who skate one session per day and finally to the 3 day per week registrants.

All applications will be dated when received with deposit or full payment and will strictly follow the priority sequence. All sessions are limited to 30 athletes.

All skaters must have passed the complete test prior to the beginning of summer school in order to qualify for their designated sessions. Skating up must be requested by the coach in writing and approved by the Director.

All package holders and ticket skaters must 'sign in' at the office prior to stepping on the ice.

Please note that there will be NO ticket skaters allowed on any of the sessions (1 through 6) unless approved directly by the Director. Guest Skaters will be allowed at the discretion of the Director. Ticket skaters may skate on the 8:15 am OPEN session only.

Sessions did fill quickly last summer so please register early to avoid disappointment and to receive your initial request.

Coaches List

Arakelyan, Tigran	416-894-0150
Cruickshank, Kathy	416-413-9544
De Sario, Lina	647-883-9406
Glenwright, Patricia	905-454-5431
Hume, Elaine	416-409-1722
Ireland, Donna	905-582-7675
Lachter, Galina	905-313-0464
Matheson, Laura	416-844-8512
McLeod-Devereux, Pat	905-815-9795
O'Toole, Robert (Director)	416-922-7659
Pilon, Leanne	905-602-6307
Preston, Karen	905-858-2283
Reeves, Dale	905-846-4428
Ritter, Jay	905-844-5379
Wyant, Jenny	416-476-3835

PRE-SEASON TRAINING CAMP

Pre-Juvenile to Senior Competitive Athletes

**Monday August 31 to
Friday September 4, 2009**

(5 days of intensive pre-season training)
45 minutes off ice & 2 hours of
on ice instruction per day
PLUS 1 hour free skate session

12:15 pm – 4:45 pm

(Registration is limited to 24 Athletes)

Use insert or call the office to register.

CHILD FITNESS TAX CREDIT

The Government of Canada proposes to allow a non-refundable tax credit on eligible amounts of up to **\$500.00** paid by parents to register a child in an eligible program of physical activity.

For more information visit these Government of Canada web sites:

www.cra-arc.gc.ca/whatsnew/fitness-e.html

www.fin.gc.ca/news06/06-084e.html

SKATE SHARPENING

Tigran Arakelyan 416-894-0150



Elite Training Centre

**2009
Off Season Skating Programs**

**2 Weeks of Ticket Ice Only
June 15 – June 28, 2009**

**Summer Training School
June 29 – August 14, 2009
(7 weeks)**

**Pre-Season Training Camp
August 31 – September 4, 2009**

**Skate Canada
Centre of Excellence**

Canadian Ice Academy

3111 Universal Drive
Mississauga, Ontario
Canada, L4X 2E2

Tel: 905-625-7528

Fax: 905-625-8853

Email: office@canadianiceacademy.com

Summer Schedule 2009

Olympic Arena

7:00 am - 8:00 am - Dance 1 & Skills only
8:00 am - 8:15 am - FLOOD
8:15 am - 9:15 am - Dance 2 & OPEN (dance package or tickets only = 7:00 & OPEN)
9:15 am - 9:30 am - FLOOD
9:30 am - 9:45 am - spins/stroking/turns
9:45 am - 10:45 am - Free 1 PN/N/Jr/Sr
10:45 am - 11:00 am - FLOOD
11:00 am - 12:00 pm - Free 2
12:00 pm - 12:15 pm - FLOOD
12:15 pm - 12:30 pm - spins/stroking/turns
12:30 pm - 1:30 pm - Free 3 SrBr/Juv/PN/N
1:30 pm - 1:45 pm - FLOOD
1:45 pm - 2:45 pm - Free 4
2:45 pm - 3:00 pm - FLOOD
3:00 pm - 3:15 pm - spins/stroking/turns
3:15 pm - 4:15 pm - Free 5 PreP/PJ/Juv
4:15 pm - 4:30 pm - FLOOD
4:30 pm - 5:30 pm - Free 6 PreP/Prel
5:30 pm - 5:45 pm - FLOOD
Tuesdays & Thursdays
5:45 pm - 6:30 pm - CanSkate & Advanced CanSkate - Two 45 Minute Group Instruction per Week

Legend

Sr = Senior Competitive Test
 Jr = Junior Competitive Test
 N = Novice Competitive Test
 PN = Pre Novice Competitive Test
 SrBr = Senior Bronze Test
 Juv = Juvenile Competitive Test
 PJ = PreJuvenile (Junior Bronze Test)
 Prel = Preliminary Test
 PreP = PrePreliminary = no test requirement

Summer Program Dates

Ticket Ice Weeks:	June 15 - June 28
Week # 1	June 29 - July 3
Week # 2	July 6 - July 10
Week # 3	July 13 - July 17
Week # 4	July 20 - July 24
Week # 5	July 27 - July 31
Week # 6	August 3 - August 7
Week # 7	August 10 - August 14

Packages & Programs

Minimum two week advanced purchased required.

Only full weeks and full packages as listed may be purchased.

Dance \$195.00/wk

Dance Session 1	7:00 am - 8:00 am
Dance Session 2	8:15 am - 9:15 am
Off Ice Dance M/W/F	9:30 am - 10:15 am
Fitness T/T	9:30 am - 10:15 am

PN/N/Jr/Sr \$231.00/wk

Off Ice Dance M - F	8:30 am - 9:15 am
Spin/Stroking/Turn	9:30 am - 9:45 am
Free Skate 1 & 2	9:45 am & 11:00 am
Fitness T/T	12:15 pm - 1:00 pm

SrBr/Juv/PN/N \$231.00/wk

Off Ice Dance M - F	11:15 am - 12:00 pm
Spin/Stroking/Turn	12:15 pm - 12:30 pm
Free Skate 3 & 4	12:30 pm & 1:45 pm
Fitness T/T	3:00 pm - 3:45 pm

PreP/PJ/Juv \$231.00/wk

Off Ice Dance M - F	2:00 pm - 2:45 pm
Spin/Stroking/Turn	3:00 pm - 3:15 pm
Free Skate 5 & 6	3:15 pm & 4:30 pm
Fitness T/T	5:45 pm - 6:30 pm

PreP/Prel \$135.00/wk

Off Ice Dance M - F	3:30 pm - 4:15 pm
Free Skate 6 only	4:30 pm - 5:30 pm

PreP/Prel \$85.00/wk

3 DAY PACKAGE (Free Skate 6 only)

Choose any 3 days (M - F)	
Off Ice Dance M - F	3:30 pm - 4:15 pm
Free Skate 6 only	4:30 pm - 5:30 pm

CanSkate & Advanced CanSkate \$40.00/wk

Tuesday & Thursday	5:45 pm - 6:30 pm
Minimum 2 week advanced purchased required.	

Ticket Ice Weeks

June 15 - June 28, 2009

All sessions purchased with tickets only.

All Sessions during these weeks will be 'OPEN' sessions, Preliminary to Senior, and will follow the 2008/09 F/W/S Schedule. There will be no ballet or fitness classes these weeks.

Test Days

Test Weeks are #2 & #7: July 10th & August 10th (tentative) (price remains the same)

Competitive Tests will be centralized.

Skaters must be registered in the Canadian Ice Academy Summer Program at least 3 full weeks in order to try a test.

A letter of permission from the athlete's home club must be supplied to the office prior to trying any test.

Ticket purchasers are NOT eligible to try any tests. The ice schedule on these test dates will be fully or partially cancelled depending on the number of tests being tried.

Please note that all weeks are the same price.

Off ice classes will run as scheduled during these test sessions.

Art of Dance

Vladimir Iablokov and Larissa Kouznetsova are our ballet teachers from St. Petersburg, Russia. They will work to enhance the skaters body awareness, line, control, music awareness, movement and performance level. Private lessons can be arranged through the office or directly with the dance instructors.

Dance Kraze

Katarina Rajkovic is the Director of 'Dance Kraze Productions'. Her and her team will be doing our very popular HIP HOP classes during the summer.

Fitness Training

Chris McNamara is our highly qualified fitness director. He is dedicated to advancing the skaters health, fitness and motivation level through sport specific conditioning and off ice training, thus reducing the risk of injury and improving consistent performance levels.

Canadian Ice Academy

2009 SUMMER APPLICATION

Name: _____

Date of Birth: _____ Age: _____

Parent or Guardian: _____

Address: _____

City: _____ Prov./State: _____

Postal/Zip: _____

Phone: H: _____ B: _____

Email: _____

Skate Canada #: _____

Home Club: _____ Club #: _____

Highest Competitive Test Passed: _____

Highest Free Skate Test Passed: _____

Coach's Name: _____

Select Weeks (circle all that apply)

1 2 3 4 5 6 7

Select Qualified Free Skate Sessions (circle)

1 & 2 3 & 4 5 & 6 6 3 Days/Week

A 50% deposit is required with the application and the remaining due upon arrival. Visa, Master Card, Debit Cards, Cheques & Cash accepted. A \$25.00 administration fee will be charged on all NSF cheques and any program changes after their summer program commences. **The Canadian Ice Academy holds a no refund policy.**

Number of Weeks attending: _____

Price per Week: _____

Sub Total: _____

G.S.T. add 5%: _____

TOTAL: _____

Deposit: _____

Balance Owing: _____

The Applicant and Parent/Guardian agrees that the Canadian Ice Academy and its proprietors will not be held responsible for any accident or loss or injury, however caused, and to release the proprietors from all claims or damages, which may arise as a result of such accident, loss or injury. In case of emergency, I hereby give permission to seek out medical treatment my child or I may require. I also agree to the fees & payment terms of this application. The CIA has a no refund policy.

Signature (parent or Guardian if applicant is under 19) _____